

African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 100kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chaimae Guerai

Of the nation

Morocco

On the 17th day of September 2022
achieved a Squat of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Zahra Tatar

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 145kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nohoua Sekongo

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Squat of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 84+kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 65kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Safia Kouri

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 75kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chaimae Guerai

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 67,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nohoua Sekongo

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 84+kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 17th day of September 2022
achieved a Deadlift of 155kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chaimae Guerai

Of the nation

Morocco

On the 17th day of September 2022
achieved a Deadlift of 197,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Zahra Tatar

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 210kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 175kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nohoua Sekongo

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Deadlift of 215kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 84+kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 17th day of September 2022
achieved a Total of 320kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chaimae Guerai

Of the nation

Morocco

On the 17th day of September 2022
achieved a Total of 415kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Zahra Tatar

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 425kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 395kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nohoua Sekongo

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Total of 472,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 84+kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Farzana Botha

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 65kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Safia Kouri

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 75kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chaimae Guerai

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 67,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -69kg weight division, Classic Women's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Nohoua Sekongo

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 84+kg weight division, Classic Women's Open Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ilham Yakoubi

Of the nation

Morocco

On the 17th day of September 2022
achieved a Squat of 95kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Marie Annabelle Diaha

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Squat of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Squat of 125kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ilham Yakoubi

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 55kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Marie Annabelle Diaha

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Bench Press of 60kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ilham Yakoubi

Of the nation

Morocco

On the 17th day of September 2022
achieved a Deadlift of 130kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Marie Annabelle Diaha

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Deadlift of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Deadlift of 165kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ilham Yakoubi

Of the nation

Morocco

On the 17th day of September 2022
achieved a Total of 280kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Marie Annabelle Diaha

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Total of 350kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Total of 367,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Ilham Yakoubi

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 55kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Marie Annabelle Diaha

Of the nation

Ivory Coast

On the 17th day of September 2022
achieved a Bench Press of 60kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Nawrez Mazhoud

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 77,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Tarryn Valle

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 87,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Ep Messelmani Saidani

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Squat of 102,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Tarryn Valle

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 42,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Safia Kouri

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 75kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ep Messelmani Saidani

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 55kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Tarryn Valle

Of the nation

South Africa

On the 17th day of September 2022
achieved a Deadlift of 130kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ep Messelmani Saidani

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Deadlift of 135kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 175kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Tarryn Valle

Of the nation


South Africa

On the 17th day of September 2022
achieved a Total of 260kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ep Messelmani Saidani

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Total of 292,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 395kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Tarryn Valle

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 42,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -52kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Safia Kouri

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 75kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -63kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ep Messelmani Saidani

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 55kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -76kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Malia Cheffai

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 70kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -84kg weight division, Classic Women's Master 1 Bench Press
Only class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Sid Ali Ziouere

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 205kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Amar Kanane

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 331,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 370kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Youssef Alj

Of the nation

Morocco

On the 17th day of September 2022
achieved a Squat of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Sid Ali Ziouere

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 112,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Abdennasser Belmokadem

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 155kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Amar Kanane

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Yacine Benjeddou

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 210kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Youssef Alj

Of the nation

Morocco

On the 17th day of September 2022
achieved a Deadlift of 200kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Amar Kanane

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 335kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 340kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ilyas Boughalem

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 300kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Youssef Alj

Of the nation

Morocco

On the 17th day of September 2022
achieved a Total of 450kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Sid Ali Ziouere

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 522,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Amar Kanane

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 846,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Open class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Youssef Alj

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 90kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -59kg weight division, Classic Men's Open Bench Press Only class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Sid Ali Ziouere

Of the nation


Algeria

On the 17th day of September 2022
achieved a Bench Press of 112,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Open Bench Press Only class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Abdennasser Belmokadem

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 155kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Open Bench Press Only class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Amar Kanane

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Open Bench Press Only class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Yacine Benjeddou

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 180kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Open Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Mohamed Sahad

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 210kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Open Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Azouaou Slila

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 195kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Azouaou Slila

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 110kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Azouaou Slila

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 220,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Azouaou Slila

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 525,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Azouaou Slila

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 110kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Subjunior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Chemseddine Bentir

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 225kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 205kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Noureddine Benjeddou

Of the nation

Algeria

On the 17th day of September 2022
achieved a Squat of 250kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Fares Sboui

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Squat of 290,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Ayman Atif

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 110kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chemseddine Bentir

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 125kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Soulaimane Negra

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Fares Sboui

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 185kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

Of the nation

Algeria

On the 17th day of September 2022
achieved a Deadlift of 295kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Elyes Zerai

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Deadlift of 291,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Fares Sboui

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Deadlift of 313kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Junior class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Chemseddine Bentir

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 605kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 625kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Noureddine Benjeddou

Of the nation

Algeria

On the 17th day of September 2022
achieved a Total of 655kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Fares Sboui

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Total of 788,5kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Junior class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Ayman Atif

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 110kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -66kg weight division, Classic Men's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Chemseddine Bentir

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -74kg weight division, Classic Men's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Mohamed Ferdjoukh

Of the nation

Algeria

On the 17th day of September 2022
achieved a Bench Press of 125kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -83kg weight division, Classic Men's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Soulaimane Negra

Of the nation

Morocco

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -93kg weight division, Classic Men's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation Record Certificate

This is to certify that

Fares Sboui

Of the nation

Tunisia

On the 17th day of September 2022
achieved a Bench Press of 185kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -105kg weight division, Classic Men's Junior Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 200kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Deadlift of 270kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Total of 610kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 1 Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 1 Bench Press Only
class.

Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 200kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Squat of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 140kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton



African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Bench Press of 150kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Deadlift of 270kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Deadlift of 240kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation Record Certificate

This is to certify that

Hermanus de Beer

Of the nation

South Africa

On the 17th day of September 2022
achieved a Total of 610kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the -120kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton

African Powerlifting Federation

Record Certificate

This is to certify that

John Crain

Of the nation

South Africa

On the 17th day of September 2022
achieved a Total of 540kg in accordance
with the rules of the
International Powerlifting Federation
at the 2022 African Powerlifting and Bench Press Championships
in Meknes, Morocco

This constitutes an African Record
in the 120+kg weight division, Classic Men's Master 2 class.
Dated this 17th day of September 2022



APF President, Mohamed Elmamoun



APF Secretary General, Kamel Nedjah



APF Record Keeper, Heather Leighton